

“It is wonderful to be part of a team that is so committed and passionate about their work. I have been made to feel that I am very much part of the team and that the work I do is valuable”

“There has been continuous support from all members of staff. Whatever the question, whatever the time, there is always support”

“A safe environment, not just for clients but also for me... I feel safe which in turn helps me to provide a safe environment for my clients”

“I enjoy the interaction with other counsellors at all levels of experience during supervision and CPD events... this has proved to be a very valuable learning experience”

“I loved the induction day, being in a room full of amazing women with a shared passion. I also love coming into the office and feeling the camaraderie and the lightness of being able to have a laugh - I think this is a very important... I feel supported and trusted on my journey into practice”

“I enjoy the variety of clients... it’s been a privilege working with them”



**For further information please see our website or contact us directly by emailing [angela.sterland@ndnd.org.uk](mailto:angela.sterland@ndnd.org.uk) or by telephone on 0333 444 304**

**Leicester Women’s Counselling Centre** offers free and low cost counselling services to disadvantaged women and those with complex needs.



## **Counselling and Psychotherapy Placements**

Further Information for Applicants 2016/17

[counsellingforwomen.org.uk](http://counsellingforwomen.org.uk)

03333 444 304

# “We are here to help women achieve their potential...”

**New Dawn New Day Ltd** works with women, inspiring them to reach their potential and to overcome disadvantage and inequality in their lives and communities. We do this by offering practical, emotional and therapeutic support to women, particularly those who are considered vulnerable and have multiple and complex needs.

We have been delivering counselling and psychotherapy services to women as part of our funded services since 2010 and in response to an increase in enquiries about our therapy services we launched Leicester Women’s Counselling Centre in the Summer 2015. We are a “social enterprise” in that we generate some of our income from client and placement fees as well as securing income from training and CPD events and contributions from grant funded projects. Sessions are charged on a means tested basis and start at £8. Therapy is also provided free as part of our core support services to women. These include wraparound support to women with complex needs including women offenders and those considered “at risk” of offending.

Our practice is centrally located in Leicester City easily accessible by car and public transport. Our beautiful new Grade II listed premises are a 5 minute walk from Leicester Railway Station and there is affordable on-street parking nearby.

**“Our core aim is to provide high quality, accessible and affordable counselling and psychotherapy to all women who need it”**

We can offer high quality placements to:

- ⇒ Students on Counselling and Psychotherapy Training Programmes (Diploma Level and above) (Women Only)
- ⇒ Qualified Counsellors working towards accreditation (Women Only)
- ⇒ Qualified Therapists in Clinical Supervision training
- ⇒ Qualified Clinical Supervisors wishing to volunteer

For students in advanced training, placements are offered for a full 3 years (usually 2 years whilst in training and 1 year post-qualification) and are designed to help you meet the requirements of your training programme and accrediting body. For £60 per month, we offer a full package of support including:

- ⇒ Monthly individual clinical supervision
- ⇒ Monthly group clinical supervision
- ⇒ The opportunity to work with clients with various levels of need and complexity
- ⇒ Organisational membership to BACP
- ⇒ Access to regular free/low cost CPD
- ⇒ A supportive environment with staff on site to offer encouragement and advice when attending to do client work
- ⇒ Newly refurbished counselling rooms in a beautiful, centrally located Grade II listed building
- ⇒ A safe, welcoming and comfortable environment
- ⇒ A dedicated space for counsellors to write up notes, study or meet with other counsellors in the organisation.
- ⇒ The opportunity to become part of a team in which you have the opportunity to mix and learn from counsellors working from different orientations.
- ⇒ Post qualification support in achieving BACP / UKCP accreditation
- ⇒ Special discounted rates for CPD and training events

Our placement opportunities are popular and are often oversubscribed. The application process includes completing an application form, attending an interview and attending induction training and clinical supervision sessions prior to being offered your first client.